



# March

## Stonewall Elementary School Lunch Menu

### Lunch Prices:

Student Full-Price	\$ 2.10
Reduced-Price	\$ .40
Staff Price	\$ 2.75
Visitors	\$ 3.00

Students must take one entree, may choose up to 3 sides (1 in each food group) and may take or decline milk.

Fresh Fruit and 1% White, 1% Chocolate and Fat Free Milk are Offered Daily with Meals.



\* Menu Subject to Change Due to Availability



In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6332 (TTY). USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
1 Chicken Nuggets Glazed Carrots Mac & Cheese Mandarin Oranges	2 Sausage Tortilla Wrap Buttered Noodles Seasoned Green Beans Chilled	3 Pepperoni Pizza Sweet Peas Veggie Dippers Rosy Applesauce	4 Nacho Grande Pinto Beans Lettuce/Tomato Vanilla Pudding Orange Half	5 Hamburger Fishburger Lettuce/Tomato/ Pickle Tator Tots Blushing Pear Halves	Cal 645 T.Fat 20.99 G S.Fat 5.9 G Chol 41.5 Mg Sodm 1322.40 Mg Carb 88.31 G Fiber 5.0 G Prtn 26.38 G Iron 3.32 Mg Calc 517.30 Mg Vit A 457.57 RE Vit C 20.61 Mg
8 Steak Fingers Mashed Potatoes Seasoned Green Beans Mandarin Oranges	9 Beef Ravioli Garlic Breadstick Seasoned Corn Rosy Applesauce	10 Turkey & Noodles Honey Wheat Roll Mixed Vegetables Chilled Pineapple	11 Corn Dog Mac & Cheese Sweet Peas Appetizing Apricots	12 Cheeseburger Fishburger Lettuce/Tomato/ Pickle Tator Tots Chilled Pears	Cal 648 T.Fat 18.32 G S.Fat 6.5 G Chol 47.3 Mg Sodm 1359.51 Mg Carb 93.59 G Fiber 5.5 G Prtn 27.80 G Iron 5.40 Mg Calc 484.24 Mg Vit A 321.98 RE Vit C 27.86 Mg
15 SPRING BREAK	16 SPRING BREAK	17 SPRING BREAK	18 SPRING BREAK	19 SPRING BREAK	
22 Hot Dog Mac & Cheese Sweet Peas Rosy Applesauce	23 Chicken Nuggets Mashed Potatoes Steamed Carrots Chilled	24 Chicken Quesadilla Lettuce/Tomato Pinto Beans Fruited Jell-O	25 Toasted Ham & Cheese Baked Beans Veggie Dippers Mandarin Oranges	26 Hamburger Fishburger Lettuce/Tomato/ Pickle Tator Tots Blushing Pears	Cal 645 T.Fat 19.16 G S.Fat 5.5 G Chol 46.0 Mg Sodm 1499.68 Mg Carb 91.55 G Fiber 5.3 G Prtn 27.76 G Iron 3.88 Mg Calc 561.70 Mg Vit A 351.61 RE Vit C 23.12 Mg
29 Rib BQ Mac & Cheese Seasoned Green Beans Mandarin Oranges	30 Fish Nuggets Sweet Peas Buttered Noodles Pleasant Peaches	31 Beef & Bean Burrito Spanish Rice Lettuce/Tomato Chocolate Pudding Orange Half	1 Cheeseburger Hamburger Lettuce/Tomato/ Pickle Tator Tots Chilled Pears	2 HOLIDAY	Cal 647 T.Fat 18.95 G S.Fat 5.5 G Chol 32.9 Mg Sodm 1378.20 Mg Carb 94.37 G Fiber 5.5 G Prtn 26.00 G Iron 3.76 Mg Calc 467.84 Mg Vit A 242.03 RE Vit C 22.42 Mg



**Fredericksburg ISD  
Stonewall Elementary Breakfast Menu**

**Breakfast Meal Prices:**  
 Student Full-Price      \$1.35  
 Student Reduced-Price    \$ .30  
 Staff Price                \$1.75

Students may choose the daily selection or cereal w/toast.

Fresh Fruit and a choice of 1% White, 1% Chocolate and Fat Free Milk are offered daily with meal.



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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
1 Oatmeal Cereal w/ Toast Mandarin Oranges	2 Scrambled Eggs w/Toast Cereal w/ Toast Chilled Pineapple	3 Ham, Egg, & Cheese Taco Cereal w/ Toast Rosy Applesauce	4 Sausage Biscuit Cereal w/ Toast Appetizing Apricots	5 Cinnamon Roll Cereal w/ Toast Chilled Pears	Cal 492 T.Fat 9.76 G S.Fat 3.3 G Chol 99.6 Mg Sodm 717.59 Mg Carb 84.89 G Fiber 1.4 G Prtn 16.78 G Iron 4.16 Mg Calc 444.59 Mg Vit A 202.82 RE Vit C 23.50 Mg
8 Kolache Cereal w/ Toast Mandarin Oranges	9 Cinnamon Roll Cereal & Toast Rosy Applesauce	10 Oatmeal Cereal w/ Toast Chilled Pineapple	11 Breakfast Taco Cereal & Toast Appetizing Apricots	12 Pancakes Cereal w/ Toast Orange Half	Cal 485 T.Fat 7.99 G S.Fat 2.6 G Chol 22.1 Mg Sodm 591.10 Mg Carb 90.55 G Fiber 1.7 G Prtn 13.61 G Iron 3.72 Mg Calc 397.33 Mg Vit A 184.77 RE Vit C 26.71 Mg
<i>READY, SET, GO WITH SCHOOL BREAKFAST! NATIONAL SCHOOL BREAKFAST WEEK MARCH 8-12</i>					
15 SPRING BREAK	16 SPRING BREAK	17 SPRING BREAK	18 SPRING BREAK	19 SPRING BREAK	
22 Oatmeal Cereal w/ Toast Applesauce	23 Scrambled Eggs w/Toast Cereal w/ Toast Chilled Pineapple	24 Ham, Egg, & Cheese Taco Cereal w/ Toast Mixed Fruit	25 Sausage Biscuit Cereal w/ Toast Appetizing Apricots	26 Cinnamon Roll Cereal w/ Toast Mandarin Oranges	Cal 492 T.Fat 9.75 G S.Fat 3.3 G Chol 99.6 Mg Sodm 717.67 Mg Carb 84.88 G Fiber 1.4 G Prtn 16.77 G Iron 4.24 Mg Calc 444.36 Mg Vit A 202.59 RE Vit C 23.59 Mg
29 Kolache Cereal w/ Toast Mandarin Oranges	30 Cinnamon Roll Cereal w/ Toast Pleasant Peaches	31 Oatmeal Cereal w/ Toast Applesauce	1 Pancakes Cereal w/ Toast Orange Half	2 HOLIDAY	Cal 496 T.Fat 8.38 G S.Fat 2.7 G Chol 15.2 Mg Sodm 590.32 Mg Carb 92.42 G Fiber 1.8 G Prtn 13.63 G Iron 3.20 Mg Calc 388.81 Mg Vit A 178.96 RE Vit C 26.27 Mg