

# Fredericksburg I.S.D.

## Community Education



# SPRING 2010



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### REGISTER BY:

1. MAIL-IN
2. CALL-IN
3. WALK-IN

### PAY BY:

1. CASH
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3.  
4. MONEY ORDER



Community Education  
234 Friendship Lane  
Fredericksburg, TX 78624  
[www.fisd.org](http://www.fisd.org)

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Fredericksburg, TX

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### FISD Student Holidays

January 8 and 18  
February 15  
March 15 - 19  
April 2  
May 14 and 31



Postal Customer  
Fredericksburg, TX 78624

**(830) 997-7182**

**January-May 2010**

**KID STUFF****Jr. Engineering, Part II (1st - 2nd grade)**

Join us as we explore, investigate & solve problems while we learn about the building blocks of engineering - simple machines. Students enjoy hands-on activities like building wagons, conveyor belts, and boat winches that incorporate math, science & creativity.

Instructor: Lisa Toepperwein

Tuesdays, Jan 26 - Feb 16

3:45-5:00pm

FES #104

Fee: \$49 (includes after-school snack)

**Alien Invasion (3rd - 5th grade)**

Students work to build robots that are similar in concept to those used to explore other planets...a rover, a sample gathering robot, and an 'alien' that can move independently. Once the building of the robot is complete, students will use the computer to program the robot to respond to touch, light or programmed commands. Students use mathematics, science & technology to complete challenging missions.

Instructor: Lisa Toepperwein

Thursdays, Jan 28 - Feb 18

3:45-5:00pm

FES #104

Fee: \$49 (includes after-school snack)

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**Don't be pushed by your problems.  
Be led by your dreams.**

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**Building with Dimension (1st - 2nd grade)**

No amount of "huffing and puffing" will blow our buildings down! Understanding and visualizing dimension is the cornerstone of engineering, architecture, and building. Students learn principles of construction and use math skills as they experiment with scale and size, symmetry and reflections, staggering vs. stacking. In a hands-on class using LEGO materials, we'll build houses with removable roofs, castles with turrets, and towers of strength!

Instructor: Lisa Toepperwein

Tuesdays, Mar 2 - Mar 30 (exclude 3/16)

3:45-5:00pm

FES #104

Fee: \$49 (includes after-school snack)

**Green Engineering (3rd - 5th grade)**

Combine engineering and alternative energy! Build water and windmills from LEGO kits and operate them using alternative energy sources. Students will start with electricity and use a multimeter to measure continuity, resistance, and voltage. Adding concrete experiments with wind, water, and fuel cells produces a high-powered and high-energy course! Leave the fossils in the ground and go for the green!

Instructor: Lisa Toepperwein

Thursdays, Mar 4 - Apr 1 (exclude 3/18)

3:45-5:00pm

FES #104

Fee: \$49 (includes after-school snack)

**Multimedia Madness (1st - 2nd grade)**

Use your creativity to explain the world! Explore the depths of the ocean, the far reaches of outer space, the Egyptian pyramids or even a fantasy world! Your imagination is your only limitation! Tell stories, create images, use animation and add sound effects. By the end of this course you will have unleashed your creative side!

Instructor: Lisa Toepperwein

Tuesdays, Apr 20 - May 11

3:45-5:00pm

FES #104

Fee: \$49 (includes after-school snack)

**Multimedia Madness (3rd - 5th grade)**

Let your creativity soar as you develop worlds filled with wonder, sounds and animation! Write stories, construct inventions, simulate an experiment or build animated sequences. If you can imagine it, you can create it!

Instructor: Lisa Toepperwein

Thursdays, Apr 22 - May 13

3:45-5:00pm

FES #104

Fee: \$49 (includes after-school snack)

**Computer Club (3rd - 5th grade)**

Don't have a computer at home? Wish you had more time on the computers at school? Here's an opportunity to explore cyberspace! With the guidance of our instructor you will be able to find new websites, play games and become more proficient on the computer. Have fun while learning! Enrollment is limited to ten - call a friend and register today!

Instructor: Paaton Reeh

Mondays, Mar 1, 8, 22, 29

3:45-5:00pm

FES Computer Lab

Fee: \$39 (includes after-school snack)




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**Of course life is bizarre, the more bizarre it gets, the more interesting it is. The only way to approach it is to make yourself some popcorn and enjoy the show.**

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**Red Hotts Dance Clinic (2nd - 6th grade)**

Calling all future Red Hotts! The Red Hotts are a dance/spirit team at Fredericksburg High School that performs at pep rallies during football season and at basketball games. They will be teaching the participants "hott" dance steps and a routine that they will perform together during halftime at the girl's FHS varsity basketball game on Friday, January 22nd. *Participants must wear socks & tennis shoes to clinic.*

Instructors:

FHS Red Hotts Dance Team

Sat, Jan 16

9:00-11:00am

FHS Gym

Fee: \$20 (Fee includes t-shirt)

**Hill Country Girls Basketball League (9th-12th grade, currently)**

Teams, consisting of not more than 10 players, are invited to participate in this short but sweet spring session! There will be two twenty minute halves with a running clock. During the last two minutes of play the clock will be stopped and a three minute overtime will be added if necessary.

**REGISTRATION DEADLINE:**

**THURSDAY, APRIL 1**

Coordinator: Wade Prejean

Mon, April 19, 26, May 3, 10, 17, 24

Fee: \$40 (includes t-shirt)

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**A miracle is not the suspension of natural law, but the operation of a higher law.**

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**Hill Country Girls Volleyball League (9th-12th grade, currently)**

All teams will play at least two matches each week, with the possibility of three matches. All games will be rally scoring to 30 (no cap). There will be a five minute shared warm-up before each match.

**REGISTRATION DEADLINE:**

**FRIDAY, APRIL 16**

Coordinator: Jason Roemer

Tues, May 4, 11, 18, 25, and

Tues/Thurs June 8, 10, 15, 17

Fee: \$40 (includes t-shirt)

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**Dreams are illustrations.....from the book your soul is writing about you.**

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**Zumba for Teenagers (13 - 17 yrs)**

Zumba is Columbian slang for buzz like a bee or move fast! It's part dance and part aerobics using a Latin beat. You will increase your heart rate, burn calories and have so much fun you won't realize that you're exercising! *This is an ongoing class and you must be preregistered before attending.*

Instructor: Kelli Goldsberry

Mon/Wed

4:30-5:30pm

FHS Cafeteria

Fee: \$30 per month

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**BASIC SELF DEFENSE  
AND  
ASSAULT PREVENTION**

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This is a short study designed to educate women of all ages on the fundamentals of assault avoidance, self-defense techniques, and mental and physical conditioning for greater self-confidence. Course is designed for all ladies from 12 to 112 - call a friend and sign up now!

Instructor: Jym Mitchell

Tues/Thurs, Jan 19 - Feb 25 (12 classes)

7:00-8:30pm

The Karate Shop

300 W. Main, Fredericksburg

Fee: \$95

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**ART**

**Fundamentals of Drawing**

This course is intended for persons interested in using various drawing techniques in art, travel journals and development of other visual materials. History of drawing, pictorial drawing with emphasis on perspectives and freehand sketches with various graphic media is covered. Previous drawing experience is not required. *Please bring a 9"x12", or larger, newsprint quality sketch book.*  
 Instructor: Lance Tatum  
 Tues, Apr 6, 13, 20, 27 6:30-8:00pm  
 FHS Rm #235  
 Fee: \$40

**One day your life will flash before your eyes. Make sure it's worth watching.**

**FIRST BRUSH:**

**The Fundamentals of Oil Painting**

The objective of this workshop is to teach the basic elements involved in oil painting, namely drawing, values, and color. These elements will be demonstrated in a step-by-step fashion with simple exercises, followed directly by hands-on effort by the student. The curriculum is aimed at artists with limited experience, although intermediate painters should benefit from a refresher of the basics. All materials and equipment are included. Each workshop is limited to six students and is held at the instructor's studio.

Instructor: Chuck Mauldin

**Workshop 1:** Jan 18-21, 2:00-4:00pm

**Workshop 2:** Feb 8-11, 2:00-4:00pm

**Workshop 3:** Mar 1-4, 2:00-4:00pm

Fee: \$150

**CONQUERING COMPOSITION:**

**Intermediate Oil Painting**

Creating *really* good compositions for still life and landscape paintings is the aim of this workshop. Students will set up still lifes and analyze and adjust reference photos to start their paintings on a solid foundation. Students will use their own equipment and supplies, except for table easels. Each workshop is limited to four students and is held at the instructor's studio.

Instructor: Chuck Mauldin

**Workshop 1:** Jan 25-28, 2:00-4:00pm

**Workshop 2:** Feb 15-18, 2:00-4:00pm

**Workshop 3:** Mar 8-11, 2:00-4:00pm

Fee: \$150

**Fabulous Fabric Painting for Beginners**

Just in time for spring this class will show you how to create your own beautiful watercolor florals on t-shirts, hats, totebags, etc. Learn basic fabric painting techniques and create lovely wearable art - for yourself and for family and friends! *Receive a copy of the supply list from CE office.*

Instructor: Victoria Bacon

Tues/Thurs, Mar 23, 25, 30, Apr 1

6:30-8:00pm

FHS Room #235

Fee: \$35

**MUSIC**

**Piano Lesson Fun (Ages 5-adult)**

Spring into action, get those fingers movin' and those toes tappin'. Regular practice makes piano playing fun and rewarding! Students will reimburse instructor for books, \$20-30. *Lessons begin January 11.*  
 Instructor: Paulette Petersen  
 January thru May  
 Mon, 4:00-7:30pm, Tues, 5:00-6:00pm  
 Thurs, 4:00-7:00pm, Fri, 4:00-5:00pm  
*Shepherd of the Hills Lutheran Church*  
 219 Lower Crabapple Road  
 Fee: \$225 (15 - 30 minute classes)

**Just ONCE Guitar for Busy People**

Have you wanted to learn the guitar but simply can't find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away! *Please bring your acoustic guitar.*

Instructor: Matt Gillis

Thurs, Feb 25

6:30pm-9:00pm

FHS Rm #235

Fee: \$49 (includes workbook & DVD)

**Just ONCE Drums for Busy People**

Interested in playing the drums? In just a few hours even an absolute beginner can learn to play basic drum set patterns and have years of musical enjoyment! This one evening course will teach basic technique, hand exercises, basic rock patterns, and drum fills. *Bring your drumsticks and practice pad or purchase a set at the workshop.*

Instructor: Matt Gillis

Thurs, Mar 4

FHS Rm #235

6:30pm-9:00pm

Fee: \$49 (includes workbook & DVD)

**INTRODUCTION TO BIRDING**

**(Ages 14-adult)**

If you have always wanted to learn the names of the birds that visit your backyard feeders, you will want to take this class that is taught by an avid birder and area newspaper columnist! Birding is the number one spectator sport and number two in hobby activities in North America. Approximately 100 million people engage in some form of birding annually and revenues from this pastime activity are considered big business in many parts of the state and country. The first class will feature a two hour lecture and the second class is a three hour field trip to Enchanted Rock. The subjects included in the course include basic information about birding, identification, equipment needed, feeders, nesting boxes, and migration. The field trip requires easy hiking and provides a chance to see and identify local birds.

Instructor: Bill Lindemann

Mon, Mar 29/Sat, Apr 3

7:00-9:00pm

FHS Room #235

Fee: \$20 (14-17 yr old must be registered w/adult)

**TRAVEL**

**LUCKY LOUISIANA TRIP!**

Louisiana's Coushatta Resort in Kinder is our destination to enjoy gambling, live entertainment, golf, and relaxation! Sign up now for this exciting Las Vegas style trip! *Fee includes two nights at the Coushatta Inn, double-occupancy, bus transportation, and, upon arrival, \$30 from the casino to start you on your winning streak!*

**REGISTRATION DEADLINE:**

**FEBRUARY 1**

TRIP DATES: Mon-Wed, March 1, 2, 3

Fee: \$130pp

**CANTON CALLS!**

*SHOPPING, SHOPPING, SHOPPING.....*  
 Canton's First Monday Trade days offers shopping at it's best! Flea market finds, antiques, art, vintage linens, wholesale silk flower arrangements and more! We will leave from the Fisd Central Office parking lot at 7:00am Friday and return at approximately 10:00pm on Sat. *Fee includes bus transportation, hotel accommodations, double-occupancy, and a fantastically fun time!* Call a friend and make plans to join us for this fast & furious trip!

**REGISTRATION DEADLINE:**

**MARCH 30**

TRIP DATES: Fri-Sat, Apr 30 & May 1

Fee: \$180pp

**EUROPE'S CHRISTMAS MARKETS**

This holiday vacation features the traditional Christmas markets, historic towns and spectacular scenery of Europe - Austria, Germany, France and Switzerland. You will visit Oberammergau, Innsbruck, Munich, Bavarian Castles, the Black Forest, Strasbourg, Bern, and Lucerne - the "Swiss Paradise on the Lake".

**FREE Slideshow Presentation:**

**April 12, 2010 @ 6:00pm, Fisd CO**

**December 2 -10, 2010**

Fee: \$2699 pp, double occupancy

*(includes round trip air from San Antonio Intl, cancellation waiver and insurance, hotel transfers, air taxes & fees, 12 meals: 7 breakfast, 5 dinners)*

**BASIC DOG OBEDIENCE**

This course will have owners speaking and understanding the language of their dog! Dogs will be taught basic manners & obedience and the owners will be taught to be pack leaders! Together they will form a bond through leadership and positive reinforcement. Dogs must be at least 3 months of age, on a lead collar and have a 6 foot leash. Please bring proof of up to date vaccinations to the first class.

**NOTE: PLEASE DO NOT BRING YOUR DOG TO THE FIRST CLASS.**

Instructor: Yvonne Gerhardt

Tuesdays, 6:00-7:00pm

**Session I:** Feb 2, 9, 16, 23, Mar 2, 9

**Session II:** April 6, 13, 20, 27, May 4, 11

Marketplatz

Fee: \$60



**COURT MANDATED CLASSES**

**Minors' Alcohol Program**

MAP is designed to implement recent Texas legislation which requires minors who are charged with alcohol-related offenses to complete a state-approved alcohol awareness course. The program contains information about alcohol advertising that appeals to young people, alcohol's affects on motor skills, accidents related to alcohol, symptoms of alcohol problems, laws and decision making. **Participants must register in person, in the Community Ed office. Participants 15 years of age or younger must bring a parent or guardian with them when registering.**

January 19 & 20  
February 9 & 10  
March 9 & 10  
April 13 & 14  
May 11 & 12  
June 8 & 9

Tues/Wed, 6:00-9:00pm  
FHS Room #237  
Instructor: Cindy Harper  
Fee: \$60

**Tobacco Awareness Program**

Individuals at the University of Houston and Texas A&M University have developed a tobacco use awareness and cessation program for adolescents which is the state approved program for those individuals who are ticketed. TAP focuses on helping youth understand why they use tobacco, the hazards associated with its use, and methods of quitting use. **Participants must register in person, in the Community Ed office. Participants 15 years of age or younger must bring a parent or guardian with them when registering.**

January 12, 14, 19, 21  
February 9, 11, 16, 18  
March - none  
April 13, 15, 20, 22  
May 11, 13, 18, 20  
June 8, 10, 15, 17

Tues/Thurs, 7:00-9:00pm  
FHS Room #235  
Instructor: Jesse Herrera  
Fee: \$80

**GED CLASSES**  
**Monday & Wednesday**  
**6:00-9:00pm**  
**FMS #204**

Students must be at least 18 years of age and committed to attending classes regularly. Registration is limited and must done in person, at the Community Ed office, starting January 4. All materials are provided and classes are offered free of charge. Classes begin January 11 and continue thru May. Instructors: Glen & Peggy Treibs

**Defensive Driving Course**

*Certified by the National Safety Council and Texas Education Agency*  
Defensive Driving can be taken for ticket dismissal and/or up to a 10% discount on your auto insurance. Not only can the course dismiss a traffic ticket, attending a defensive driving course can enhance your driving knowledge and safety for you and others around you. Check with the court and/or your insurance agent to be sure. When registering please have your driver's license number, DOB and the name of the court as it appears on the citation. Registration may be done over the phone using MC or VISA.

<u>Sat(9am-4pm)</u> FHS Rm #401	<u>Mon/Tues(6-9pm)</u> FHS Rm #237
January 9	January 25 & 26
February 13	February 22 & 23
none	March 29 & 30
April 10	April 26 & 27
May 8	none
June 12	June 28 & 29

Instructor: Mike Myers  
Fee: \$40

**For Kids' Sake**

Divorce is a painful and confusing experience for all children. Research indicates that the manner in which parents handle divorce can have a direct effect on children's adjustments. Even the most loving and caring parents find it difficult to focus on their children's needs during such a traumatic time. For Kids' Sake Seminars are designed to help parents gain insight into the needs of their children during the transition of divorce. Registration may be done over the phone using MC or VISA. There is a minimum number of participants for the class "to make" - please register early!

January 25  
February 22  
March 29  
April 26  
May 24  
June 28

Mon, 6:00-10:00pm  
FHS Room #236  
Instructor: Carolyn Lester  
Fee: \$40

**GED TESTING**

**AEP**  
**231 Billie Drive (behind football field)**  
**(830) 990-9181**

<u>Registration Dates</u>	<u>Testing Dates</u>
Jan 25 & 26	Feb 8 & 9
Mar 29 & 30	Apr 12 & 13
<b>Cost: (cash or money order only)</b>	
Registration Fee	\$40 one time fee
Administration Fee	\$50 for full battery, or \$10 for individual test



**Parenting with Love & Logic**

This course teaches parents how to respond to their children's behaviors in firm but loving ways. Emphasis on skills that parents can use immediately but with the long term goal of helping their children become more responsible. The Love and Logic philosophy is a unique approach that unlocks the secrets of successful parenting. Good for parents, grandparents or any child caregivers. Receive practical, easy-to-use techniques that work!

Tues, 6:00-8:00pm  
**Session I:** Mar 23, 30, Apr 6, 13, 20, 27  
**Session II:** May 4, 11, 18, 25, June 1, 8  
FHS Rm #401  
Instructor: Carolyn Lester  
Fee: \$60



**Amor y lógica: Como ser padres más efectivos**

Este curso les enseñará a responder al comportamiento de los niños de manera firme y amable a la vez. Daremos énfasis a estrategias que pueden usar inmediatamente pero que además tendrán como meta el ayudar a sus hijos a ser más responsables. La filosofía del curso **Amor y lógica** descubre el secreto de como tener éxito como padres. Es un curso excelente para padres, abuelos, o cualquiera que cuide niños. ¡Aprenderán técnicas prácticas y fáciles de usar que de veras funcionan!

martes, 6:00-8:00pm  
febrero 2, 9, 16, 23, marzo 2, 9  
FISD DOC (District Outreach Center)  
Facilitadores: Wanda Detmar y Carol Hawkins  
Costo: \$60

**CUSTOM COMPUTER CLASSES AVAILABLE**

*Use our computer lab or we can come to your home or business!*

**Call Carol @ 997-7182**

An old Cherokee was teaching his young grandson one of life's most important lessons. He told the young boy the following parable:  
"There is a fight going on inside each of us. It is a terrible fight between two wolves," he said.  
"One wolf is evil. He is anger, rage, envy, regret, greed, arrogance, self-pity, resentment, lies, false pride, superiority, and ego."  
"The second wolf is good. He is joy, peace, love, hope, serenity, humility, kindness, empathy, truth, compassion, and faith."  
The grandson thought about this for a moment. Then he asked his grandfather, "Which wolf will win this fight?" The old Cherokee simply replied, "The one you feed."

## ADULT COMPUTER CLASSES

\*classes are hands on, one student per computer

\*class size is limited to 10 students

### EMAIL MADE EASY - FOR SENIORS

Kids and grandkids keep asking when you're going to start receiving and sending email? Join us and learn all about e-mails, attachments, and decorative stationery. Also learn how to detect and defend against computer viruses sent through e-mails. Students will establish an address book, set up contacts, and put contacts into groups to make e-mailing a number of people at the same time easy.

Instructor: Jim Korman

**Session I:** Feb 2 & 3

Tues/Wed 9:00am-12noon

**Session II:** Apr 5 & 6

Mon/Tues 1:00-4:00pm

Texas Tech Bldg #2, Rm #3

Fee: \$49

### INSIDE THE NET - FOR SENIORS

Ready to jump on the cyberspace highway? This class is a fun way to learn exactly what the Internet is and how to use it. You will learn terms, visit various sites, and practice the skills necessary to become comfortable using the Internet. Using the internet allows you to visit the world without leaving home! Come on, if a six year old can do this so can you!

Instructor: Jim Korman

**Session I:** Jan 19, 20, 21

Tues/Wed/Thurs 1:00-3:00pm

**Session II:** Mar 8, 9, 10

Mon/Tues/Wed 9:00-11:00am

Texas Tech Bldg #2, Rm #3

Fee: \$49

### CARE & FEEDING OF DIGITAL CAMERAS

Bring your camera, manuals & cables and we'll go over what all those buttons, controls and settings mean and what your camera can do!

Instructor: Jim Korman

**Session I:** Jan 13 & 14

Wed/Thurs 6:00-8:00pm

**Session II:** Mar 8 & 9

Mon/Tues 1:00-3:00pm

FES Room #511

Fee: \$35

### ONLINE FAMILY TREE

Always wondered about your long lost relatives? Discover your ancestors with the world's largest family history website! Using Google and Ancestry.com you can start an online family tree, browse census and historical records and find those missing relatives! Publish your family tree book or poster and have a priceless keepsake that everyone in the family will treasure.

Instructor: Phyllis Malinak

Thurs, Feb 18 & 25 6:00-9:00pm

FHS Rm #408

Fee: \$39

### BASIC COMPUTER, A-Z & XP

This is a beginner's hands-on course providing a solid foundation in personal computer skills. This class will introduce you to the personal computer (PC), its capabilities and terminology. Student's will learn how to use the computer efficiently without being afraid of what they're doing. This class is designed for the beginner who wants to know everything about their computer and become a knowledgeable user.

Instructor: Jim Korman

**Session I:** Feb 15, 16, 17 22, 23, 24

Mon/Tues/Wed 1:00-3:30pm

Texas Tech Rm #3

**Session II:** May 18, 19, 20, 25, 26, 27

Tues/Wed/Thurs 6:00pm-8:30pm

FHS Rm #408

Fee: \$99 (includes textbook)

### BASIC COMPUTER USING VISTA

This beginner's class is a hands-on course providing a solid foundation in personal computer skills using Microsoft VISTA. You will leave this class feeling computer literate!

Instructor: Jim Korman

**Session I:** Jan 26, 27, 28, Feb 2, 3, 4

Tues/Wed/Thurs 1:00-3:30pm

**Session II:** Apr 5, 6, 7, 12, 13, 14

Mon/Tues/Wed 6:00pm-8:30pm

FES Rm #511

Fee: \$99

### E-BAY FOR SENIORS

Learn how to buy and sell on the popular Ebay website. Learn how to register, learn about PayPal and Feedback and explore the different auction types. Explore this new world!

Instructor: Jon Lennon

Apr 20, 21, 22

Tues/Wed/Thurs 7:00-9:00pm

Texas Tech Bldg #2, Rm #3

Fee: \$35

**The difference between school and life? In school, you're taught a lesson and then given a test. In life, you're given a test that teaches you a lesson.**

### PHOTOSHOP BASICS

Learn the basic skills with image-editing tools that balance power and versatility with ease of use. With this application, you acquire/import and organize your photos from different sources and edit and enhance those photos. You can back up your photos or creations; send a DVD or CD to family and friends. Software used is Adobe Photoshop Elements 5.0. *Students must bring a flash drive (USB device) for backup of their work.*

Instructor: Jim Korman

**Session I:** Mar 8, 9, 10

Mon/Tues/Wed 9:00am-11:30am

**Session II:** May 11, 12, 13

Tues/Wed/Thurs 6:00-8:30pm

FES Room #511

Fee: \$89

### QUICKBOOKS FOR BEGINNERS

If you own or run a small business or want to keep track of your personal net worth, Quickbooks takes the hassle out of accounting. Learn to easily create custom invoices, enter sales, record customer contracts, manage inventory and even do your banking bill paying online. Save time and make tax time less taxing!

Instructor: Jim Korman

**Session I:** Jan 19, 20, 21

Tues/Wed/Thurs 9:00-11:00am

Instructor: Jon Lennon

**Session II:** Feb 22, 23, 24

Mon/Tues/Wed 7:00-9:00pm

FES Room #511

Fee: \$49

### BECAUSE NICE MATTERS.

#### EXCEL PART I

This is a hands-on introduction to spreadsheets. A beginner's course designed for persons with basic computer knowledge and that are familiar with the Windows environment. This course will enable students to create, edit and modify spreadsheets. Also, how to construct complete spreadsheets that will calculate and summarize the data entered.

Instructor: Jim Korman

**Session I:** Jan 12, 13, 14

Tues/Wed/Thurs 2:00-4:00pm

Instructor: Jon Lennon

**Session II:** Feb 16, 17, 18

Tues/Wed/Thurs 7:00-9:00pm

FES Room #511

Fee: \$59

#### EXCEL PART II

Understand how to enter equations, add borders and shading. Learn how to create reports, databases, lists and more. Become more knowledgeable and productive using this powerful application.

Instructor: Jim Korman

**Session I:** Mar 1, 2, 3

Mon/Tues/Wed 9:00-11:00am

Instructor: Jon Lennon

**Session II:** Mar 23, 24, 25

Tues/Wed/Thurs 7:00-9:00pm

FES Room #511

Fee: \$49

#### DIGITAL PHOTOGRAPHY

This class will teach the user how to use the digital camera, copy pictures from a scanner, edit and crop the pictures to be printed or saved, and finally, to print your new keepsake pictures suitable for framing or adding to your photo album. Students may bring their digital cameras if they have one available but do not need to have one to attend class.

Instructor: Jim Korman

**Session I:** Feb 9, 10, 11

Tues/Wed/Thurs 6:00-8:00pm

**Session II:** Apr 19, 20, 21

Mon/Tues/Wed 1:00-3:00pm

FES Room #511

Fee: \$49

**Country & Western Dancing for Beginners**

This course teaches you the basics of the Texas 2-step, the country western waltz, the Cotton Eyed Joe and the schottische. Get out of the house and get some exercise AND have some fun at the same time!

Instructor: Rocky Roquemore

Mon, Feb 8, 15, 22, Mar 1, 8, 22 (excl 3/15)

FPS Gym 7:00-8:00pm

Fee: \$65 per couple

**Intermediate C & W Dancing**

Got the basics? In this session you will learn more and move more while concentrating on the Country & Western Swing and the Waltz. Become self assured on the dance floor as we practice, practice, practice! Make plans to have a "date night" and sign up now!

Instructor: Rocky Roquemore

Mon, Feb 8, 15, 22, Mar 1, 8, 22 (excl 3/15)

FPS Gym 8:00-9:00pm

Fee: \$65 per couple

**Beginner's Ballroom Dancing**

Wish you could look like the dancers on the hit TV show "Dancing with the Stars"? You can by starting with this basics class! You will painlessly learn the three dance rhythms: fox trot, rumba and waltz. Haven't you wished you were up dancing instead of just watching? If you're nodding your head, this is your chance - register now!

Instructor: Rocky Roquemore

Thurs, Feb 11, 18, 25, Mar 4, 11, 25 (excl 3/18)

FPS Gym 7:00-8:00pm

Fee: \$65 per couple

**Latin Dancing for Beginners**

When you hear this music do you feel the rhythm? Is this the dance style that you've been yearning to try? Don't just think about it, grab your partner and get ready to start moving! Learn the three basic dance rhythms: cha-cha, tango and mambo. Hear that beat? It's going to be **HOT, HOT, HOT!**

Instructor: Rocky Roquemore

Thurs, Feb 11, 18, 25, Mar 4, 11, 25 (excl 3/18)

FPS Gym 8:00-9:00pm

Fee: \$65 per couple

*Note: All dance classes require a partner.*

**Zumba**

Zumba is Columbian slang for buzz like a bee or move fast! It's part dance and part aerobics using a Latin beat. You will increase your heart rate, burn calories and have so much fun you won't realize that you're exercising!

Instructor: Kelli Goldsberry

Tues/Thurs 4:30-5:30pm

FPS Gym Fee: \$30 per month

**Zumba for Teenagers**

Same as above but just for 13 - 17 year olds!

Instructor: Kelli Goldsberry

Mon/Wed 4:30-5:30pm

FHS Cafeteria Fee: \$30 per month

**Recreation/Fitness/Hobbies****Pilates**

Pilates is a method of stretching and strengthening your body. This unique system strengthens muscles while improving flexibility, balance and posture. Benefits include a healthy supple spine, better balance and coordination. It helps to eliminate tension and aches and pains. *Please bring an exercise mat.*

Instructor: Kristy LeBleu

Mon/Wed 4:15-5:15pm

FES 900 Gym Fee: \$25 per month

**Yoga For All - Men and Women!**

This class uses body postures, breath and awareness to assist students in improving strength, flexibility, balance and focus. It is designed to acknowledge different levels of experience and capabilities. Yoga is noted for relieving stress in the body and enhancing a sense of well being and health. We will practice individual poses and combine them in a flow of movement that connects body, mind and spirit. *Please bring a yoga mat.*

Instructor: Julie Roseberry

Mon/Wed 4:30-5:30pm

FPS Gym Fee: \$25 per month

**Fun & Fitness Exercise**

You know this is at the top of your New Year's resolutions - GET FIT & HEALTHY! This cardiovascular course will alternate strength and conditioning to give you an all around workout. Improve your flexibility and muscle tone while increasing your energy level. This class is open to all levels of exercisers.

Instructor: Mariah Malec

Tues/Thurs 4:15-5:15pm

FES 900 Gym Fee: \$25 per month

**It's never just a game when you're winning.****Wake Up & Work Out Boot Camp**

Designed to challenge your strength and endurance, this boot camp workout will work your entire body—heart and muscles—by going from one exercise to another with little to no rest in between. You'll work, you'll sweat and, best of all, you'll burn calories like crazy!

Instructor: Kelli Goldsberry

Mon/Wed 5:30-6:30AM

FMS Gym Fee: \$35 per month

**Adult Basketball**

This is an adult, men's, non-league basketball program for recreation and exercise only. No walk-ins, single-day or prorated fees.

Tues/Thurs/Sat 5:30-7:00AM

FHS Old Gym Fee: \$20

**Family Volleyball**

Non-league volleyball for recreation and fun! Open to adults and children 12 years and up. Parents-bring the kids! Kids-bring your parents! Make this your family night!

Facilitator: Adolf Gold

Sun, Jan 17-May 23 7:00-9:00pm

FES 900 Gym Fee: \$20

**Camp Mah-Jongg**

Remember reading the book, Joy Luck Club, and wondering "what's Mah-Jongg" ??? Learn to play the Chinese tile game that has entertained individuals for centuries! Get out of the house and stretch your brain! Beginning through intermediate mah-jongg players are invited to join us for instruction, practice and companionship! *Instruction will be in the American version of the game using National Mah-Jongg League rules.*

Instructor: Nan Mosley

Mon-Thurs, Jan 25, 26, 27, 28 12noon-3:00pm

Fee: \$40 FISD Central Office

**Cheers to a new year and another chance for us to get it right.****Knitting for Novices**

Have you always wanted to take up knitting, but were too intimidated to try it? Thought you might be all thumbs? Step by step our instructor will take you through the process of successfully completing your first knitted project! You will make either a scarf or a baby blanket using a simple and easy stitch. *All supplies for project included.*

Instructor: Stacey Smith

**Session I:** Feb 2, 4, 9, 11

**Session II:** Apr 13, 15, 20, 22

Tues/Thurs 6:30-8:00pm

Fee: \$45 FHS Room #235

**Advanced Bridge**

Interested in improving your duplicate or party bridge game? This class will give you the edge! Topics covered include Michael's cue bidding, Lebensohl, Double Barrel, Stayman Gerber, Blackwood, Roman key card Blackwood, Rationale for Doubling, Defensive Signaling, and squeezes. Call your bridge buddy and join us for a week of competitive bridge!

Instructor: Jon Lennon

Mon-Fri, Mar 15, 16, 17, 18, 19 1:00-3:30pm

Fee: \$49 FISD Central Office

**Beginning Flyfishing**

Now is the time to learn how to flyfish and enjoy fishing on our beautiful hill country rivers! This class will cover history, equipment, insect life in our rivers, and casting. By attending this class you will gain a great overview of a classic way to fish! Join us for a relaxing and informative Sunday afternoon!

Instructor: Martin Pursch

Sun, April 18 2:00-4:00pm

Country Flyfisher Shop, 1974 Goehmann Ln

Fee: \$20

**REFUND POLICY**

**100%** - If class is cancelled or you are not satisfied with the class.

**100%** - When we are notified 72 hours before a class begins.

*\*Fee cannot be prorated for late enrollment or missed classes.*



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Mon/Wed 4:30-5:30pm

FHS Cafeteria Fee: \$30 per month

**BASIC WELDING**

This course is a basic introduction to oxyacetylene cutting and safety, arc welding procedures and safety. Included is an introduction to wire feed welding. Students will have the opportunity to bring in a small project and work on it during the last four days of class.

**SUPPLIES:** *Students must bring their own gloves and safety glasses.*

Instructor: Matt Bacon  
April 5, 7, 12, 14, 19, 21, 26, 28  
Mon/Wed 7:00-9:00pm  
FHS Voc Bldg  
Fee: \$150

**Our Poetry Connection: Making Poems, Inviting Meaning**

In these classes, we will look at the poetry of others each week and write some of our own. We'll see how poetic language resonates in our lives and connects us as human beings. Reading poems that achieve the "aha!" in the reader and poems that don't will be discussed. We'll look at poetic language as well as new forms and devices poets use to express what's often difficult to express. Experience the joy of being surprised - by our own writing and the writing of others! Join us in this adventure as we rediscover the creativity that we thought had vanished in the bustle of our busy lives.

Instructor: Lianne Mercer, RN, MSN, CPT  
Thurs, Mar 25, Apr 1, 8, 15, 22, 29 7:00-8:00pm  
Fee: \$59 FHS Room #236

**Grandparents Raising Grandchildren**

Think you're the only one out there raising their grandchildren? You are not alone! The number of grandparents who are raising their grandchildren is not a new phenomenon. However, the statistics are showing that it is a situation which is becoming more and more common. Join us as we discuss some of the joys, issues and challenges we are all experiencing including lifestyle changes, emotional and financial issues and potential legal ramifications.

Instructor: Phyllis Malinak  
Thurs, Apr 8 6:30-8:00pm  
Fee: \$10 FISD Central Office

**Life is rather like a tin of sardines - we're all of us looking for the key.****Life is Short But I'm Taking the Scenic Route**

Interested in the views of someone that has seen it all??? Our 95 year *young* instructor will discuss some of the changes she's seen during her lifetime, why she keeps on substitute teaching even at her age, and her positive attitude that helps her continue to enjoy this adventure we call life! Join us for lively discussion, sharing of ideas for staying young at heart and active, fellowship and snacks.

Instructor: Phyllis McDaniel  
Tues, Mar 23 6:30-8:00pm  
Fee: \$10 FISD Central Office

**SPECIAL INTEREST****Owning/Operating a B & B**

Have you dreamed of running a bed and breakfast but didn't have a clue where to start? Enjoy meeting people and making them feel comfortable and welcome? This is the class with the answers! Course covers everything from whether you should jump into the business, decorating styles, amenities, pricing, breakfast/no breakfast, along with discussing the challenges/rewards of operating a B & B. Join us for this informative session taught by the owner of Gastehaus Schmidt.

Instructor: Donna Mittel  
Tues, Feb 16, 23 6:30-8:00pm  
Fee: \$20 FHS Room #235

**Gillespie County & Hill Country Geology**

Did you ever wonder why Gillespie County looks the way it does? Why are all the hills here? What kind of rock is this? How was it formed? How did this oyster shell get on top of this hill? What is the Edwards Aquifer? If you have a curious mind, we have the answers! Come and learn about the geology of your back yard and learn to appreciate your environment! *Children 10 years and up are welcome when registered with an adult.*

Instructor: Jim Gedeon  
Mon/Wed, Apr 19 & 21 7:00-8:30pm  
Fee: \$30 FHS Room #236

**Bright & Beautiful Therapy Dog Program**

Come find out what attributes and training it takes to introduce a dog into a therapy setting. Learn how therapy dogs touch peoples lives in ways humans cannot. Participants will train/practice for 6 weeks to become a handler/dog team. The B & B Evaluation Test will be given at the end of program. Dogs must be least 1 year old and participants 14 years of age or older. A local vet must verify that your dog would be a good candidate to be a therapy dog-a form will be provided at the first class. Dogs should know basic obedience commands. Please do not bring your dog to the first session. *Bring a walking lead and retractable lead. A \$10 non-refundable materials fee will be paid to the instructor.*

Instructor: Sharon Smith, certified Evaluator/Trainer for Bright & Beautiful Therapy Dogs  
Sat, Mar 6 - Apr 10 9:30-11:30am  
Fee: \$20 FES Parking Lot

**Beatlemania - Yeah, Yeah!**

Did you love the Beatles? Didn't we all? Our instructor has a lifelong love and collection of everything Beatle! He will share memorabilia, music, video clips and stories. The first night covers the early Beatles - their beginnings to August 1966. The second night includes their later history including the breakup of the band in 1970. Plan to join us in this historical journey that helped to shape music as we know it today!

Instructor: Jim Morris  
Tu/Th, Mar 9 & 11 7:00-9:00pm  
Fee: \$20 FHS Room #235

**MONEY MATTERS****Wills vs. Living Trust - Which is Better for You?**

Is a will the best option for you or does a revocable, living trust make more sense? This class contains an extensive discussion of each and their respective advantages and disadvantages. In addition, there will be a discussion of the other documents that are critical in today's estate planning: advanced medical directives, medical and financial powers of attorney, guardianship declarations, HIPAA authorizations forms, and much more.

Instructor: JR McCracken  
Wed, Jan 20, 27 6:30-8:00pm  
Fee: \$20 FHS Room #236

**Investing 101**

Financial planning can be as easy or as difficult as you want it to be! Knowing the basics can start you in the right direction to financial success. Join us for Investing 101 - where the only dumb questions are the ones unasked!

Instructor: Jody Donovan  
Tues, Feb 16 6:30-8:00pm  
Fee: \$20 FHS Rm #236

**Shopping for a Funeral**

Today's consumers can spend years purchasing their first home, and months shopping for a new car, refrigerator or television set. When it comes time to plan for your funeral or for a loved one, you need to know what your options are. Learn the legal requirements, rules and regulations binding the funeral industry, what you must do, and what you can do differently. Find out what the right questions are that you should be asking. Once you are fully informed, you and your family can make better, more practical decisions.

Instructor: Bryon Schaeffer  
Mon, March 1 6:00-7:30pm  
Fee: \$5 FISD Central Office

**FREDERICKSBURG ACADEMIC BOOSTERS**

The Fredericksburg Academic Boosters promotes academic excellence in local schools; while encouraging students to do their best in all academic endeavors and to receive recognition and reward for academic accomplishments.

JOIN TODAY!  
Call Rita Travis at 990-8967

**LANGUAGES****Intermediate Spanish**

Las personas que tomen esta clase deberán entender y hablar español. En esta clase estudiaremos gramática, temas de actualidad y un poco de historia y literatura. To be in this class you need to understand and speak Spanish. We will cover grammar, reading, comprehension, and writing.

Instructor: Elena Howard  
Tues, Jan 12, 19, 26, Feb 9, 16, 23,  
Mar 2, 9 (exclude Feb 2) 6:30-8:00pm  
FHS Room #237  
Fee: \$85 (includes textbook)



**Community Education Advisory Council**

Kevin MacWithey, Chairman  
Russell Immel, Vice-Chairman  
Dawn Bourgeois, Secretary  
Lorrie Hess  
Linda Hicks  
Jim Jarreau  
Dorothy Koepke  
Leta Ann Metzger  
Clint Pluenneke  
Maria Ramos  
Carol Reeh  
Mike Reavis  
Jean Spangenberg  
Dr. Marc Williamson

**LEGEND**

If you need assistance please let us know. You can call Carol Reeh at **997-7182**, send email to carolr@fisd.org, or come by the FISD Central Office located at 234 Friendship Lane, Fredericksburg.

**Fredericksburg Primary School(FPS)**

1110 South Adams Street  
Hwy 16 South to Highway Street, turn left, go one block to South Adams, turn right - the school is one block up on the right.

**Fredericksburg Elementary School(FES)**

1608 North Adams Street  
Hwy 16 North (Llano Hwy) to Lower Crabapple Road, turn left, go one block to North Adams, turn right - school is on left.

**Fredericksburg High School(FHS)**

1107 Hwy 16 South  
"200" rooms are in the Main Bldg.- 2nd floor  
Hwy 16 South to South Milam, turn left, go approximately 40 feet, make a left onto the campus, bear left into the large parking lot facing the side of the building.

**"400" rooms are in the Science Bldg**

Hwy 16 South to Highway Street, turn left, go one block to South Adams, turn right, go one-half block and make a right into the driveway just before FPS. At the end of driveway is a parking lot and FHS. In the parking lot, on the left, is the 400 Building.

**Texas Tech Classrooms/Portables**

Hwy 16 South to Highway Street, turn left, go one block to South Adams, turn right, go one-half block and make a right into driveway just before the FPS. Directly behind FPS are a number of portables - numbered 7, 6, 5, and 3, 2 & 1. Building #2 has an enameled TX Tech sign on it. The computer lab is in classroom #3.

**F.I.S.D COMMUNITY EDUCATION ENROLLMENT/RECEIPT FORM**

MAIL OR DELIVER REGISTRATION FORM & PAYMENT TO:

Fredericksburg ISD Community Education  
234 Friendship Lane  
Fredericksburg, Texas 78624  
(830) 997-7182

**www.fisd.org**



Office Use:

Cr Card Cash Check

Rec'd By \_\_\_\_\_

Date \_\_\_\_\_

Please Print  
Name(s) \_\_\_\_\_

Parent Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

***Make Checks Payable to FISD***

TOTAL \$ \_\_\_\_\_

***\*T-SHIRT SIZE, if applicable: YM YL AS AM AL AXL***

I authorize the Fredericksburg ISD, its employees and agents to transport me or my child(ren) to the hospital, doctor, or dentist in the event of an injury or accident. I agree to assume all medical costs incurred. I further release Fredericksburg ISD, its employees and agents from all claims and responsibility for physical injury and property loss.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Enrollment will be on a first come, first served basis. If a class is full or canceled, a 100% refund will be made.

**REFUND POLICY:**

***Refunds are made for classes canceled 72 hours in advance.  
Fees cannot be prorated for late enrollment or missed classes.  
Confirmation of registration will not be sent.  
You will be contacted only if a class is full or canceled.***

I look forward to seeing you!  
**Carol Reeh, FISD Director of Community Ed**  
**(830) 997-7182**

